

2026 Zhik QLD Youth Championships



Incorporating the 2026 Sabot State Championship,
the 2026 29er State Championship and
the 2026 Nacra 15 State Championships

24 to 26 September 2026

Keppel Bay Sailing Club, Anzac Parade Yeppoon QLD



Sailing Instructions (SIs)

Amended 22/9/2026

The Organising Authority (OA) is the Keppel Bay Sailing Club (KBSC), in conjunction with Australian Sailing.

1. CHANGES TO SAILING INSTRUCTIONS

- 1.1. Any change to the sailing instructions will be posted at least 90 minutes prior to the first warning signal on the day it will take effect.
- 1.2. Any change to the format or schedule of races will be posted on the [Official Notice Board](#) (ONB) by 1900 on the day before it will take effect.

2. COMMUNICATION WITH COMPETITORS

- 2.1. The Official Notice Board (ONB) will be an online notice board located at www.sailingyouth.org.au/youth-sail-qld
- 2.2. The Race Office is located downstairs in the Sailing Office at Keppel Bay Sailing Club clubhouse.
- 2.3. The Race Committee will operate on VHF Ch. 73 for Course Alpha and Echo, 72 for Course Bravo, Charlie and Delta.

3. [DP] CODE OF CONDUCT

- 3.1. Competitors and support persons shall comply with reasonable requests from race officials, Australian Sailing staff and KBSC staff.
- 3.2. Competitors and Support Persons shall comply with the [Australian Sailing Integrity Policies](#).
- 3.3. Boats shall not sail into other course areas whilst the other course areas are racing. Boats not racing shall remain clear of boats that are racing and official boats.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flag mast located at the southern end of the clubhouse area near the boat ramp.
- 4.2. When flag 'AP' is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 4.3. [SP] [NP] Flag D with one sound means 'Boats shall not leave the shore until this signal is made'. The warning signal will not be made before the scheduled time or no earlier than 30 minutes after flag D is displayed.'

5. SCHEDULE OF RACES

5.1.

Date	Time	Event
Wed 23 Sept	1630-1700 hrs	Competitor, Coach and Support Boat Briefing
Thurs 24 Sept	1200 hrs 1000 hrs	First Warning Signal
Fri 25 Sept	1000 hrs	First Warning Signal
Sat 26 Sept	1000 hrs ASAP after racing	First Warning Signal Presentation of Medals

- 5.2. The warning signal for each succeeding race in a session will be made as soon as practicable after the

completion of the previous race.

- 5.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.4. On the last scheduled day of racing no warning signal will be made after 1400 hrs.

6. CLASS FLAGS

- 6.1. See SI Addendum B.

7. RACING AREA

- 7.1. SI Addendum A shows the approximate location of the racing area.

8. COURSES

- 8.1. The diagrams in Addendum B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. No later than the warning signal, the Race Committee vessel will display the course to be sailed on a course board.
- 8.3. No later than the warning signal, the Race Committee vessel may display the approximate compass bearing of the first leg.
- 8.4. If one of the gate marks is not laid, then the laid mark shall be left to port.

9. MARKS

- 9.1. See SI Addendum B.

10. THE START

- 10.1. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 10.2. A barging buoy may be attached to the Race Committee vessel. Boats shall not pass between this buoy and the Race Committee vessel at any time.
- 10.3. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes. The starting area is defined as a rectangle 50 metres from the starting line and marks in all directions.
- 10.4. [SP] A boat that does not start within 4 minutes after her starting signal, or for foiling board classes 3 minutes, will be scored Did Not Start without a hearing. This changes RRS 35, Appendix A5.1 and Appendix A5.2.
- 10.5. Formula Kite and iQFOiL races will be started by using the following signals. Times shall be taken from the visual signals - the absence of a sound signal shall be disregarded.

Minutes before starting signal	Visual signal	Sound signal	Means
3	<i>Class flag</i>	<i>One</i>	<i>Warning signal</i>
2	<i>U, or black flag</i>	<i>One</i>	<i>Preparatory signal</i>
1	<i>Preparatory flag removed</i>	<i>One long</i>	<i>One minute</i>
0	<i>Class flag removed</i>	<i>One</i>	<i>Starting signal</i>

- 10.6. [DP] iQFOiL Course Racing Only. The race committee may signal that boards shall sail on a specific tack during the 10 seconds before and 10 seconds after the starting signal is made, by displaying a green flag for starboard tack or a red flag for port tack, before or with the warning signal.

11. CHANGE TO THE NEXT LEG OF THE COURSE

- 11.1. Legs of the course will not be changed after the preparatory signal. This changes RRS 33.

12. THE FINISH

- 12.1. The finishing line is between a staff displaying a blue flag on the finishing boat at one end and the course side of the finishing mark at the other end.
- 12.2. For Sabot, Open Skiff, Open Optimist, Intermediate Optimist and iQFOiL only, boats which are still deemed

to be racing by the race committee but are outside the Finish Window may be scored an allocated place based on their position when the Time Limit expires. Such boats may be directed to return to the start area or other location without crossing the finish line. Neither the allocation of a finish place nor the failure to allocate a finish place will be grounds for redress. This changes RRS 35, RRS 62.1, RRS Appendix A5.1, A5.2 and A10.

13. TIME LIMITS AND TARGET TIMES

13.1.

Class	Time Limit	Finish Window	Target Time
ILCA 4, 6 & 7	75	15	45
29er, Nacra & Arrow, RS Feva XL, Envy	55	15	35
Foiling board Classes, Sailboards	25	10	15
All other classes	60	15	35

13.2. Boats failing to finish within the time stated in the Finish Window after the first boat starts, sails the course and finishes will be scored Did Not Finish, except as provided for in SI 12.2. This changes RRS 35, RRS Appendix A5.1 and A5.2.

13.3. Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.

14. HEARING REQUESTS

14.1. The Organising Authority has appointed a Non-Appealable Protest Committee for this event in accordance with RRS 91. Australian Sailing's approval of this appointment is posted on the ONB. The right of appeal from a protest committee hearing is denied as provided in RRS 70.3.

14.2. Protests shall be submitted via the link on the Official Notice Board.

14.3. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later.

14.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties. Hearings will be held in the KBSC Boardroom upstairs in the clubhouse, beginning at the time posted. Arbitrations under appendix T may be held in the Training Room downstairs for expediency.

14.5. Notices of protests by the Race Committee, Technical Committee or Jury will be posted to inform boats under RRS 60.2(a)(2).

14.6. A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted on the Official Notice Board.

15. SAFETY REGULATIONS

15.1. [SP] Competitors shall wear lifejackets at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.

15.2. [SP] Competitors shall use the Sail Number as registered in the event registration form, or updated via email to the Organising Authority prior to 0900 hrs on 22 September. Competitors displaying any other sail number during any race shall receive a scoring penalty for all races where the incorrect sail number is displayed.

15.3. Boats not leaving the beach for a scheduled race shall promptly notify the Race Office.

15.4. Before leaving to race on each scheduled race day or session, the skipper shall sign on using the tag board near the regatta office

15.5. [SP] Failure to sign on will result in that boat receiving a scoring penalty for the first race in the session. This changes RRS 63.1 and A5.

15.6. After each scheduled race day or session, the skipper shall sign off using the tag board near the regatta office.

15.7. [SP] Failure to sign off within the protest time limit will result in that boat receiving a scoring penalty for the last race in the session. This changes RRS 63.1 and A5.

15.8. [DP] A boat that retires from racing shall notify the Race Committee before leaving the racing area, or, if

that is not possible, shall notify the Race Office as soon as possible after returning ashore and shall complete a retirement declaration form at the Race Office before the expiry of the protest time limit.

- 15.9. [DP] Race officials and race committee vessels may retrieve boat crews and return them to their boats for safety reasons. The sail number of a boat which receives outside help will be notified to the Race Committee with details of the incident and a hearing may be held (if required) to determine any penalty. This changes RRS 41.

16. [DP] EQUIPMENT AND MEASUREMENT CHECKS

- 16.1. Equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. When instructed by a member of the Technical Committee, a boat shall proceed immediately to a designated area for inspection.
- 16.2. Penalties for a breach of Class Rules are at the discretion of the jury and may be less than disqualification.

17. OFFICIAL VESSELS

- 17.1. Official vessels may carry the KBSC burgee, Jury vessels will carry a white flag with a black 'J', Media vessels will carry a white flag with a black 'M'.

18. SUPPORT PERSON VESSELS

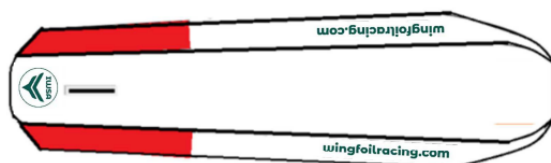
- 18.1. All support person vessels shall be registered for the event via the [official website](#). The organising authority may refuse registrations and accept late registrations at their discretion.
- 18.2. Support teams, including all support persons and support person vessels, shall comply with the support team regulations listed in Addendum C – Support Person Vessel Regulations
- 18.3. For the purposes of these regulations, a support boat includes any boat that is under the control or direction of a person who is or may provide physical or advisory support to an athlete, including the gathering of data that may be used at a later time.
- 18.4. The Organising Authority may inspect boats at any time to ensure that they comply with these regulations, and the person responsible for the boat shall facilitate such inspection.
- 18.5. Only registered support boats will be allowed into the sailing venue. (Allocated berths or area will be provided at registration)
- 18.6. When not in use, support boats shall be appropriately berthed as directed by the Organising Authority in the allocated areas for support boats.

19. [DP] EVENT ADVERTISING

- 19.1. Boats shall display advertising for event sponsors in accordance with the [World Sailing Advertising Code](#), supplied by the Organising Authority as follows: All entrants will be supplied with two Zhik stickers.
- 19.2. For all dinghy and catamaran classes, a Zhik sticker is to be applied to the hull of each boat on either side of the bow.
- 19.3. For iQFOiL, On the sail a Zhik sticker shall be placed immediately below batten #4 on the 8.0, 7.3 or 7.0 sails and below batten #3 on the 6.0 or 5.0 sails, as close to the leech as possible but without overlapping the sail corner reinforcement. Competitors shall not cut or adapt the stickers in any way.
- 19.4. For Wing Foil, as per Class Rule C.6.2., a Zhik Sticker is to be placed in the area on either side of the rear 30% of the bottom of the hull.

C.6.2 PLACEMENT OF ADVERTISING AND CLASS INSIGNIA

The areas on each sides of the rear 30% of the bottom of the hull, are reserved for event advertising within an area of 50x10cm. The class insignia shall be placed on the bottom of the hull, centered behind the mast box / mast track, within an area of 10x10cm, and shall not be trimmed, cut, or covered by other materials.



Aft Red: Event Advertising

SI ADDENDUM A – RACING AREAS



The following are published separately on the Official Notice Board :-

SI ADDENDUM B – Courses and Classes

SI ADDENDUM C – Support Person Vessel Regulations